



Vajrasattva 100-Syllable Mantra

OM BENZA SATTO SAMAYA MANU
 PALAYA BENZA SATTO TENOPA TISHTA
 DRIDHO ME BHAWA SUTO KHAYO ME
 BHAWA SUPO KAHYO ME BHAWA ANU
 RAKTO ME BHAWA SARWA SIDDHI ME
 PRAYATSA SARVA KARMA SUTSA ME
 CHITAM SHRIYAM KURU HUM HA HA HA
 HA HO BHAGAWAN SARVA TATHAGATA
 BENZA MAME MUN TSA BENZA BHAWA
 MAHA SAMAYA SATTVA AH HUM PHEY

Explanation of the Hundred-syllable Mantra

OM: Qualities of Buddha's body, speech, and mind.

Vajrasattva: The courageous one with transcendent non-dual wisdom.

Samaya: Sacred word of honor or pledge that cannot be transgressed.

Manupalaya: Lead me along the path you took to enlightenment.

Vajrasattva tenopa tishta: Please make me abide closer to the holy vajra mind.

Drido: Firm and stable based on the absolute true nature.

Me: I.

Bhawa: Please grant me the ability to realize the nature of phenomena.

Suto khay me bhawa: Please have the nature of being pleased with me.

Supo khay me bhawa: May I be in the nature of highly developed great bliss.

Anu rakto me bhawa: Please be in the nature of love that leads me to your state.

Sarva siddhi me prayatsa: Please grant me all the actual attainments.



Sarva karma sutsa me: Please grant me all of the virtuous actions.

Chitam shriyam kuru: Please grant me all of your glorious qualities.

HUM: Seed syllable signifying the holy vajra mind.

Ha Ha Ha Ha Ho: The five transcendent wisdoms of the five families.

Bhagawan: Conqueror, one who has destroyed all negativity, attained all realizations, and passed beyond the bounds of sorrow.

Sarva Tathagata: All who have gone beyond into the reality of emptiness as it is.

Vajra (Benza): Meaning both thunderbolt and diamond representing strength of inseparable wisdom.

Mame muntsa: Do not abandon me.

Vajra Bhawa: [not in source for translation]

Maha samaya sattva: The great courageous one holding the sacred words of honor, the holy mind.

AH: Seed syllable for the holy speech.

HUM: The transcendent wisdom of great bliss.

PHEY: Clarifies our understanding of the transcendent wisdom of inseparable bliss and emptiness and destroys the dualistic mind which is the opposite of that wisdom.

